



*The* **UPPER PALMETTO**  
**YMCA**  
*is proud to announce its newest addition:*  
 YMCA at **CAROLINA CROSSING**

<p><b>Indoor Swimming Pool</b></p> <ul style="list-style-type: none"> <li>• Youth Swim Lessons</li> <li>• Senior Exercise Classes</li> <li>• Water Walking and Aqua Aerobics</li> </ul> <p><b>Gymnasium</b></p> <ul style="list-style-type: none"> <li>• Basketball</li> <li>• Walking Track</li> </ul> <p><b>2 Racquetball Courts</b></p> <p><b>KidsFirst After School Program</b></p>	<p><b>Ball Fields</b></p> <p><b>Group Exercise Rooms</b></p> <ul style="list-style-type: none"> <li>• Group Fitness</li> <li>• Yoga</li> <li>• Pilates</li> </ul> <p><b>Fitness Center</b></p> <ul style="list-style-type: none"> <li>• Treadmills</li> <li>• Exercise bikes</li> <li>• Elliptical</li> <li>• Free weights</li> </ul>
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*Located on Carolina Crossing Drive, just off of Shiloh Road, we are only 4 minutes south of the new Wal-Mart Super Center in York and 5 minutes from Campbell's Crossing.*

**NOW OPEN!!!**

A membership at the **YMCA at Carolina Crossing** includes the use of all nine Upper Palmetto YMCA locations - including the Fort Mill YMCA Water Park in Baxter Village.

**Hours:** Monday - Friday 5:00am to 9:30pm  
 Saturday 8am to 6pm  
 Sunday 1pm to 6pm