


UPPER PALMETTO YMCA INDOOR POOL AQUATIC PROGRAMS SUMMER 2010

ACTIVITY	CHARLOTTE AVE.	FORT MILL	AQUATIC CENTER	CHESTER
LAP SWIM				
MONDAY	6-8:30am, 11-2pm, 3-4:15pm, 7-8pm	5am-8:45pm	Cool Pool: 6am-1pm, 3:30-4:30pm, 7-8pm Warm Pool: 6-8am, 3:30-8:00pm(2 Lanes)	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
TUESDAY	6-8:45am, 11-2pm, 3-4:15pm, 7-8pm	5am--8:45pm	Cool Pool: 6am-1pm, 3:30-4:30pm, 7-8pm Warm Pool: 6-8am, 3:30-8:00pm(2 Lanes)	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
WEDNESDAY	6-8:30am, 11-2pm, 3-4:15pm, 7-8pm	5am-8:45pm	Cool Pool: 6am-1pm, 3:30-4:30pm, 7-8pm Warm Pool: 6-8am, 3:30-8:00pm(2 Lanes)	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
THURSDAY	6-8:45am, 11-2pm, 3-4:15pm, 7-8pm	5am-8:45pm	Cool Pool: 6am-1pm, 3:30-4:30pm, 7-8pm Warm Pool: 6-8am, 3:30-8:00pm(2 Lanes)	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
FRIDAY	6-8:30am, 11-2pm, 3-6pm, 7-8pm	5am-8:45pm	Cool Pool: 6am-1pm, 3:30-4:30pm, 7-8pm Warm Pool: 6-8am, 3:30-8:00pm(2 Lanes)	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
SATURDAY	11am-5pm	7:30am-5pm	Cool Pool: 8am-6pm Pool: 8am-6pm(2 Lanes) Warm	12-5pm
SUNDAY	2-5pm	1pm-5pm	Closed	2-5pm
OPEN SWIM				
MONDAY	3-4:15pm Family Swim 7-8pm	5am-9am, 12-1pm, 2-3pm, 4-6pm, 7-8:45pm	Warm Pool: 6-8:30am, 12:00-1:00pm 3:30-4:30pm, 8pm 7-	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
TUESDAY	3-4:15pm Family Swim 7-8pm	5am-8am, 12-1pm, 2-6pm, 8:45pm 7-	Warm Pool: 8:30am, 3:30-4:30pm, 5:30-8pm 6-	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
WEDNESDAY	3-4:15pm Family Swim 7-8pm	5am-9am, 12-1pm, 2-3pm, 4-6pm, 7-8:45pm	Warm Pool: 8:30am, 12:00-1:00pm 3:30-4:30pm, 7-8pm 6-	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
THURSDAY	3-4:15pm Family Swim 7-8pm	5am-8am, 12-1pm, 2-6pm, 8:45pm 7-	Warm Pool: 8:30am, 3:30-4:30pm, 5:30-8pm 6-	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
FRIDAY	3-4:15PM Family Swim 7-8pm	5am-9am, 12-1pm, 8:45pm 3-	Warm Pool: 11am, 12:00-1:00pm 3:30-8pm 6-	6:30-9am, 10-2pm, 5:45pm, 7-8pm 3:30-
SATURDAY	Family Swim 2-5pm	11-5pm	Warm Pool: 8am-6pm	12-3pm
SUNDAY	Family Swim 2-5pm	1-5pm	Closed	2-5pm
	402 Charlotte Ave. Rock Hill, SC 29730 329-9622 www.upymca.org	857 Promenade Walk Fort Mill, SC 29715 803-548-8020 www.upymca.org	325 Rawlinson Rd. Rock Hill, SC 29732 803-817-7665 www.upymca.org	P.O. Box 1637 Chester, SC 29706 803-581-9622 www.upymca.org

