



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## CSD COMMUNITY YMCA POOL SCHEDULE | DECEMBER, 2018

### SAFE POOLS HAVE RULES

- Lifeguards have complete authority to enforce rules.
- Swimming without a lifeguard present is prohibited.
- All swimmers and pool participants must shower completely before entering pools.
- Breath-holding activities are not permitted.
- Proper swimming attire must be worn at all times – no cut off shorts or t-shirts. Water diapers are required for swimmers not toilet trained.
- Swimming attire that restricts moving ability is also prohibited.
- All flotation devices must be Coast Guard approved with parent accompaniment in the water. No air-inflatables.
- Food, drink, and glass items are not permitted in the pool area and locker rooms.
- Distracting, inappropriate, and/or unsafe activities will be stopped immediately. This is to include running, pushing, dunking, roughhousing, diving, flips, twists, backward jumps and hanging on lifelines or lane markers.
- Children 11 years of age or younger must be accompanied by an adult (18 years of age or older).
- Enter the water facing forward, feet first. Diving headfirst is prohibited.
- Use of diving blocks is prohibited unless accompanied by a certified instructor or coach.
- Person with bandages, open cuts, wounds, sores, boils, contagious rashes or infections are not allowed in the pool.
- In order to minimize water in the locker rooms and lobby, please dry off and remove water shoes before entering.
- To keep pool deck free of hazards, please put all toys and water exercise equipment away after use.
- YMCA is not responsible for lost or stolen articles.

The YMCA swim team's adjusted holiday schedules are posted on the pool deck. – OR – You may visit their website at [swimrays.com](http://swimrays.com).

CSD Community YMCA reserves the right to change the schedule to accommodate new programming, pool parties, or any other event, without notice, if necessary.

CSD Community YMCA does not guarantee anyone their own lane for lap swim. If you wish to swim laps, you might have to share a lane with other members. In this event circle swimming is required.

**CSD Community YMCA**  
**5485 Charlotte Highway**  
**Clover, SC 29710**  
**803.831.9622**  
**Upymca.org**

#### Branch Hours

M–F: 5:00AM-9:30PM  
S: 8:00AM-6:00PM  
Su: 1PM-6PM

#### Pool Hours

M–F: 5:30AM-9:00PM  
S: 8:00AM-5:30PM  
Su: 1:00PM-5:30PM

#### Childwatch Hours

M–F: 8:00AM-12:00PM & 4:00PM-8:00PM  
S: 8:00AM-12:00PM  
Su: No Childwatch Hours Available



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## CSD FOURTH GRADE SWIM LESSONS

There will be weeks where both pools at the CSD Community YMCA will be closed from 9:15am – 11:00am and occasionally 12:15pm – 1:00pm for the CSD Fourth Grade Kicking with Confidence Learn-to-Swim program. Members and staff will be notified monthly of each closure. The Rock Hill Aquatics Center YMCA’s pools are open for members during these closures. Thank you for your support in this great program!

- Monday, December 17 – Thursday, December 20 – Larne – 9:30am-11:00am
- Tuesday, January 22 – Friday, January 25 – Kinard – 9:30am-11:00am
- Tuesday, February 19 – Friday, February 22 – Crowders Creek – 9:30am-11:00am AND 12:15-1:00pm

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M–F: 5:00AM-9:30PM	M–F: 5:30AM-9:00PM	M–F: 8:00AM-12:00PM & 4:00PM-8:00PM
S: 8:00AM-6:00PM	S: 8:00AM-5:30PM	S: 8:00AM-12:00PM
Su: 1PM-6PM	Su: 1:00PM-5:30PM	S: No Childwatch Hours Available



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# CSD COMMUNITY YMCA POOL SCHEDULE | DECEMBER, 2018

## INDOOR 6-LANE LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM L – 1-6 5:30AM - 11:00AM	LAP SWIM L – 1-6 5:30AM - 11:00AM	LAP SWIM L – 1-6 5:30AM - 11:00AM	LAP SWIM L – 1-6 5:30AM - 11:00AM	LAP SWIM L – 1-6 5:30AM - 6:00AM	LAP SWIM* L – 1-6 8:00AM - 5:30PM
LAP SWIM L – 1-6 11:00AM - 4:45PM	LAP SWIM L – 1-6 11:00AM – 5:00PM	LAP SWIM L – 1-6 11:00AM - 4:45PM	LAP SWIM L – 1-6 11:00AM - 5:00PM	LAP SWIM L – 1-6 7:15AM - 5:00PM	<b>SUNDAY</b>
YMCA SWIM TEAM L – 1-6 4:45PM - 7:45PM	YMCA SWIM TEAM L – 1-6 5:00PM - 7:45PM	YMCA SWIM TEAM L – 1-6 4:45PM - 7:45PM	YMCA SWIM TEAM L – 1-6 5:00PM - 7:45PM	YMCA SWIM TEAM L – 1-6 5:00PM - 7:00PM	LAP SWIM* L – 1-6 1:00PM - 5:30PM
LAP SWIM L – 1-6 7:45PM - 9:00PM	LAP SWIM L – 1-6 7:45PM - 9:00PM	LAP SWIM L – 1-6 7:45PM - 9:00PM	LAP SWIM L – 1-6 7:45PM - 9:00PM	LAP SWIM L – 1-6 7:00PM - 9:00PM	
<b>L-#:</b> Indicates lap lanes available during that period of time.					

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M–F: 5:00AM-9:30PM S: 8:00AM-6:00PM Su: 1PM-6PM	M–F: 5:30AM-9:00PM S: 8:00AM-5:30PM Su: 1:00PM-5:30PM	M–F: 8:00AM-12:00PM & 4:00PM-8:00PM S: 8:00AM-12:00PM S: No Childwatch Hours Available



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# CSD COMMUNITY YMCA POOL SCHEDULE | DECEMBER, 2018

## INDOOR 4-LANE EXERCISE POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WW & FS L – 1-2 LAP SWIM L – 3-4 5:30AM-8:00AM	WW & FS L – 1-2 LAP SWIM L – 3-4 5:30AM-8:00AM	WW & FS L – 1-2 LAP SWIM L – 3-4 5:30AM-8:00AM	WW & FS L – 1-2 LAP SWIM L – 3-4 5:30AM-8:00AM	WW & FS L – 1-2 LAP SWIM L – 3-4 5:30AM-8:00AM	WATER AEROBICS* 8:05AM - 8:50AM
WATER AEROBICS* 8:05AM-8:55AM	WW & FS L – 1-2 LAP SWIM L – 3-4 9:00AM-10:00AM	WATER AEROBICS* 8:05AM-8:55AM	WW & FS L – 1-2 LAP SWIM L – 3-4 9:00AM-10:00AM	WATER AEROBICS* 8:05AM-8:55AM	WATER AEROBICS* 9:00AM - 9:45AM
WATER AEROBICS* 9:30AM-10:20AM	YMCA SWIM LESSONS** 10:00-11:00AM	WATER AEROBICS* 9:30AM-10:20AM	YMCA SWIM LESSONS** 10:00-11:00AM	WW & FS L – 1-2 LAP SWIM L – 3-4 9:00AM-11:00AM	YMCA SWIM LESSONS** 10:00AM-12:15PM
WATER AEROBICS* 11:00AM-11:50AM	WW & FS L – 1-2 LAP SWIM L – 3-4 11:00AM-4:30PM	WATER AEROBICS* 11:00AM-11:50AM	WATER AEROBICS* 11:00AM-11:50AM	WATER AEROBICS* 11:00AM-11:50AM	WW & FS L – 1-2 LAP SWIM L – 3-4 12:15PM-3:00PM
WATER AEROBICS* 12:00PM-12:45PM	YMCA SWIM LESSONS** 4:30PM-7:00PM	WW & FS L – 1-2 LAP SWIM L – 3-4 12:00PM-4:45PM	WW & FS L – 1-2 LAP SWIM L – 3-4 12:00PM-4:30PM	WW & FS L – 1-2 LAP SWIM L – 3-4 12:00PM-4:45PM	FAMILY SWIM 3:00PM-4:00PM
WW & FS L – 1-2 LAP SWIM L – 3-4 1:00PM-4:45PM	WW & FS L – 1-2 LAP SWIM L – 3-4 7:00PM-9:00PM	WW & FS L – 1-2 YMCA SWIM TEAM L – 3-4 4:45PM-7:10PM	YMCA SWIM LESSONS** 4:30PM-7:00PM	WW & FS L – 1-2 YMCA SWIM TEAM L – 3-4 4:45PM-7:10PM	WW & FS L – 1-2 LAP SWIM L – 3-4 4:00PM-5:30PM
WW & FS L – 1-2 YMCA SWIM TEAM L – 3-4 4:45PM-7:10PM		WW & FS L – 1-2 LAP SWIM L – 3-4 7:10PM-9:00PM	WATER AEROBICS&* 7:15PM-8:00PM (NO CLASS DEC 27)	WW & FS L – 1-2 LAP SWIM L – 3-4 7:10PM-9:00PM	<b>SUNDAY</b>
WATER AEROBICS&* 7:15PM-8:00PM			WW & FS L – 1-2 LAP SWIM L – 3-4 8:00PM-9:00P		WW & FS L – 1-2 LAP SWIM L – 3-4 1:00PM-3:00PM
WW & FS L – 1-2 LAP SWIM L – 3-4 8:00PM-9:00PM					FAMILY SWIM 3:00PM-4:00PM
					WW & FS L – 1-2 LAP SWIM L – 3-4 4:00PM-5:30PM

**L-#:** Indicates lap lanes available during that period of time.  
**WW & FS** = Water Walking and Family Swim in two open lanes  
 \*Water aerobics classes will take ¼ of the pool. There will be ¼ of the pool (near the steps by the pool windows) for family swim during water aerobics class times.  
 \*\*YMCA Swim Lessons ¾ of the pool. There will be ¼ of the pool (near the steps by the pool windows) for family swim during swim lessons class times.

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