



## Gregory Family YMCA Pool Schedule Effective January 7, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6:30- 8:00</b> Lap Swim	<b>6:30- 8:00</b> Lap Swim	<b>6:30- 8:00</b> Lap Swim	<b>6:30- 8:00</b> Lap Swim	<b>6:30- 8:00</b> Lap Swim		
<b>8:00-9:00</b> Aqasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)	<b>8:00-9:00</b> Water Wellness	<b>8:00-9:00</b> Aqasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)	<b>8:00-9:00</b> Water Wellness	<b>8:00-9:00</b> Aqasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)		
<b>9:15-10:15</b> Water Wellness	<b>9:15-10:15</b> Family Swim	<b>9:15-10:15</b> Water Wellness	<b>9:15-10:15</b> Family Swim	<b>9:15-10:15</b> Water Wellness	<b>9:00-10:00</b> Lap Swim	
<b>10:15-11:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>10:15-11:15</b> Water Wellness (1-3) Lap Swim (4-6)	<b>10:15-11:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>10:15-11:15</b> Water Wellness (1-3) Lap Swim (4-6)	<b>10:15-11:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>10:00-11:00</b> Lap Swim	
<b>11:15-12:15</b> Water Wellness (1-4) Anne SL (5&6)	<b>11:15-12:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>11:15-12:15</b> Water Wellness (1-4) Anne SL (5&6)	<b>11:15-12:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>11:15-12:15</b> Water Wellness (1-3) Lap Swim (4-6)	<b>11:00-12:00</b> Lap Swim	
<b>12:15-1:15</b> Lap Swim (1-4) Anne SL (5&6)	<b>12:15-1:15</b> Water Wellness (1-3) Lap Swim (4-6)	<b>12:15-1:15</b> Lap Swim (1-4) Anne SL (5&6)	<b>12:15-1:15</b> Water Wellness (1-3) Lap Swim (4-6)	<b>12:15-1:15</b> Lap Swim	<b>12:00-1:00</b> Lap Swim	
<b>1:15-2:15</b> Aqasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<b>1:15-2:15</b> Aqasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<b>1:15-2:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>1:15-2:15</b> Aqasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<b>1:15-2:15</b> Family Swim (1-3) Lap Swim (4-6)	<b>1:00-2:30</b> Family swim	<b>1:00-2:30</b> Family Swim(1-4) Lap Swim (5&6)
<b>2:30-7:00</b> RAYS	<b>2:30-7:00</b> RAYS	<b>2:30-7:00</b> RAYS	<b>2:30-7:00</b> RAYS	<b>2:15-3:30</b> Pool Closed	<b>2:30-3:30</b> Family swim	<b>2:30-3:30</b> Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	<b>3:30-4:30</b> Family Swim (1-3) Rays/Lap Swim (4-6)	<b>3:30-4:30</b> Family swim	<b>3:30-4:30</b> Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	<b>4:30-5:30</b> Family Swim (1-3) Rays/Lap Swim (4-6)	<b>4:30-5:30</b> Family swim	<b>4:30-5:30</b> Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	<b>5:30-6:30</b> Family Swim (1-3) Rays/Lap Swim (4-6)		
<b>6:00-7:00</b> Swim Lessons (4-6)	<b>6:00-7:00</b> Swim Lessons (4-6)	<b>6:00-7:00</b> Swim Lessons (4-6)	<b>6:00-7:00</b> Swim Lessons (4-6)	<b>6:30-7:30</b> Family Swim (1-3) Lap Swim (4-6)		
<b>7:00-8:30</b> Family Swim(1-3) Lap Swim (4-6)	<b>7:00-8:30</b> Family Swim(1-3) Lap Swim (4-6)	<b>7:00-8:30</b> Family Swim(1-3) Lap Swim (4-6)	<b>7:00-8:30</b> Family Swim(1-3) Lap Swim (4-6)	<b>7:30-8:30</b> Family Swim (1-3) Lap Swim (4-6)		

### **BATHING SUITS MUST BE WORN BY ALL AGES FOR SWIMMING AND PROGRAMS**

**\*\* Lap Swim is for laps only. No recreational swim or water walking\*\***

GFYMCA does not guarantee anyone their own lane for lap swim. If you wish to swim laps, you might have to share a lane with other members.

GFYMCA reserves the right to change or cancel class times or days.