



Gregory Family YMCA Pool Schedule

Effective March 30, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim		
8:00-9:00 Aquasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)	8:00-9:00 Water Wellness	8:00-9:00 Aquasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)	8:00-9:00 Water Wellness	8:00-9:00 Aquasize/ Deep Water Aerobics (1-3) Lap Swim (4-6)		
9:15-10:15 Water Wellness	9:15-10:15 Family Swim	9:15-10:15 Water Wellness	9:15-10:15 Family Swim	9:15-10:15 Water Wellness	9:00-10:00 Lap Swim	
10:15-11:15 Family Swim (1-3) Lap Swim (4-6)	10:15-11:15 Water Wellness (1-3) Lap Swim (4-6)	10:15-11:15 Family Swim (1-3) Lap Swim (4-6)	10:15-11:15 Water Wellness (1-3) Lap Swim (4-6)	10:15-11:15 Family Swim (1-3) Lap Swim (4-6)	10:00-11:00 Lap Swim	
11:15-12:15 Water Wellness (1-4) Anne SL (5&6)	11:15-12:15 Family Swim (1-3) Lap Swim (4-6)	11:15-12:15 Water Wellness (1-4) Anne SL (5&6)	11:15-12:15 Family Swim (1-3) Lap Swim (4-6)	11:15-12:15 Water Wellness (1-3) Lap Swim (4-6)	11:00-12:00 Lap Swim	
12:15-1:15 Lap Swim (1-4) Anne SL (5&6)	12:15-1:15 Water Wellness (1-3) Lap Swim (4-6)	12:15-1:15 Lap Swim (1-4) Anne SL (5&6)	12:15-1:15 Water Wellness (1-3) Lap Swim (4-6)	12:15-1:15 Lap Swim	12:00-1:00 Lap Swim	
1:15-2:15 Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	1:15-2:15 Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	1:15-2:15 Family Swim (1-3) Lap Swim (4-6)	1:15-2:15 Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	1:15-2:15 Family Swim (1-3) Lap Swim (4-6)	1:00-2:30 Family swim	1:00-2:30 Family Swim(1-4) Lap Swim (5&6)
2:30-7:00 RAYS	2:30-7:00 RAYS	2:30-7:00 RAYS	2:30-7:00 RAYS	2:15-3:30 Pool Closed	2:30-3:30 Family swim	2:30-3:30 Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	3:30-4:30 Family Swim (1-3) Rays/Lap Swim (4-6)	3:30-4:30 Family swim	3:30-4:30 Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	4:30-5:30 Family Swim (1-3) Rays/Lap Swim (4-6)	4:30-5:30 Family swim	4:30-5:30 Family Swim(1-4) Lap Swim (5&6)
RAYS	RAYS	RAYS	RAYS	5:30-6:30 Family Swim (1-3) Rays/Lap Swim (4-6)		
6:00-7:00 Swim Lessons (4-6)	6:00-7:00 Swim Lessons (4-6)	6:00-7:00 Swim Lessons (4-6)	6:00-7:00 Swim Lessons (4-6)	6:30-7:30 Family Swim (1-3) Lap Swim (4-6)		
7:00-8:30 Family Swim(1-3) Lap Swim (4-6)	7:00-8:30 Family Swim(1-3) Lap Swim (4-6)	7:00-8:30 Family Swim(1-3) Lap Swim (4-6)	7:00-8:30 Family Swim(1-3) Lap Swim (4-6)	7:30-8:30 Family Swim (1-3) Lap Swim (4-6)		

BATHING SUITS MUST BE WORN BY ALL AGES FOR SWIMMING AND PROGRAMS

**** Lap Swim is for laps only. No recreational swim or water walking****

GFYMCA does not guarantee anyone their own lane for lap swim. If you wish to swim laps, you might have to share a lane with other members.

GFYMCA reserves the right to change or cancel class times or days.