

MAKE A SPLASH

A vibrant photograph of children jumping into a swimming pool. In the foreground, a girl in a pink polka-dot swimsuit is mid-air with her arms raised, splashing water. Next to her, a boy in a yellow and blue swimsuit is also jumping. Other children are visible in the background, some already in the water. The scene is set outdoors under a clear blue sky with a chain-link fence in the background.

AT THE CSD COMMUNITY YMCA

**5485 Charlotte Highway
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www.upymca.org**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

50 METER WATERPARK HOURS | JUNE 8—JUNE 30*

Monday—Friday	11:00-8:00pm	Splash Pad Open
	12:00-7:00pm	Slides Open
Saturday	11:00-5:30pm	Splash Pad/Slides Open
Sunday	1:00-5:30pm	Splash Pad/Slides Open

*The CSD Community YMCA 50 Meter Waterpark will be open June 1 (11:00am-5:30pm) and June 2 (1:00pm-5:30pm). It will close June 3-6. It will open daily starting at 3pm on Friday, June 7

POOL ENTRANCE:

All 50 Meter Waterpark foot traffic must enter through outside ticket booth. Foot traffic between indoor/outdoor

SAFETY BREAKS:

Hourly breaks will be taken the last 15 minutes of every hour. All children 17 years of age or younger will be asked to get out of the pool during this time.

NOT POTTY TRAINED?

“Swimmie” diapers MUST be worn in conjunction with a plastic or rubber pants and or bathing suit for swimmers. “Swimmie” diapers alone without rubber/plastic pants



50 METER WATERPARK SAFETY RULES

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FACILITY/POOL RULES

- Lifeguards have complete authority to enforce rules.
- Swimming without a lifeguard present is prohibited.
- All swimmers and pool participants must shower completely before entering pools.
- Breath-holding activities are not permitted.
- Proper swimming attire must be worn at all times. Swimming attire that restricts moving ability is prohibited (ie cut off shorts, baggy t-shirts).
- Swimmers not toilet trained must wear a "swimmie" diaper in conjunction with rubber/plastic pants and or swim pants/ swim suit.
- All flotation devices must be Coast Guard approved with parent accompanied in the water. No air-inflatables.
- Smoking, alcohol, weapons, and/or drugs are not permitted in the pool area or locker rooms. Anyone under the influence of alcohol or drugs will not be permitted in the pool area.
- Enter the water facing forward, feet first. Diving headfirst is prohibited.
- Use of diving blocks is prohibited.
- Persons with bandages, open cuts, wounds, sores, boils, contagious rashes or infections are not allowed in the pool.
- Small coolers/beverage carriers are allowed on the pool deck.
- Food items are allowed on the pool deck in moderation. Pool users are expected to clean up any trash they may accumulate.
- Glass items are not permitted in the pool area or locker rooms.
- Distracting, inappropriate, and/or unsafe activities will be stopped immediately. I.E. running, pushing, dunking, roughhousing, diving, flips, twists, backward jumps, cheer stunts and hanging on lifelines or lane markers.
- Age Requirements, without bands:
 - Children 5 years of age and under must have an adult (18 years of age or older) in the water with them.
 - Children 6-11 years of age or younger must be accompanied by an adult (18 years of age or older) in the pool area.
 - All children 11 years of age or younger must take a safety swim test. Those who decline to take the test will be considered "Red Band" or "non-swimmers."
 - Children 12 years of age and older may swim independently.
- Keep Pool Deck and seating area free of hazards.
- YMCA is not responsible for lost or stolen articles.
- A swim test is required by anyone 11 years of age or younger, who wishes to use the deep end or slide.
- All 50 Meter Waterpark foot traffic must enter through the outside ticket booth. Foot traffic between indoor/outdoor pools is prohibited.
- No dunking or hanging on basketball rims/nets. All basketball participants must use basketballs provided by the YMCA.
- Safety breaks will be taken the last 15 minutes of every hour. All children 17 years of age or younger will be asked to get out of the pool during this time.

SLIDE RULES

- Maximum operational load is one person (300lbs). No double riding or parents with small children.
- Children under 48 inches tall are not permitted on the slide.
- Participants must have a green band to go down the slide.
- Adults may NOT catch other participants coming off the slide
- No swimming allowed in the splash pool area.
- No stopping or blocking the end of the slide.
- Participants may NOT wear masks or goggles down the slide.
- Participants must go down feet first on their bottom or backs.
- Flotation devices, toys, or other swim accessories are not allowed on the slide.
- Participants must wait for a signal from the aquatic staff to go.
- Leave the splash pool quickly and orderly.
- Pregnant women and those with a history of heart problems or back trouble should not use the slides.
- Failure to follow rules and instructions can lead to serious injuries.
- Ride at your own risk.

SAFETY SWIM TEST (Neck Bands)

Each patron tested will be given a colored safety band to wear at the pool.

1. A "Green Band" swimmer has access to the entire pool and slides depending on swimmer height. The "Green Band" test is a deep water test consisting of the following:
 - Jump into water that is over the patron's head and return to the surface.
 - Swim one pool length (25 yards) unassisted, with face in the water, without rest and good execution.
 - Tread water for one minute, turn on their back, float briefly.
2. A "Yellow Band" swimmer must stay in water that is armpit deep or less. Swimmers who are not yet ready for the green band test, they may take the "Yellow Band" shallow water competency test, which consists of the following:
 - Swimmer is placed on their back by the testing guard, then must stand up unassisted.
 - Swimmer is then placed on their stomach by the testing guard, then must stand up unassisted.
3. Those who do not pass the shallow water competency test are considered "Red Band." Those who decline to take the test are also considered "Red Band" swimmers. "Red Band" swimmers must stay in water that is armpit deep or less and require active adult supervision. Active supervision means the adult must be in the water within arm's reach at all times (1 adult per 2 children ratio).

*If your child requires or wears any type of Coast guard approved floating device, in the water adult supervision is required.

SAFETY SWIM TEST

Notes:

1. Lifeguards will gladly conduct one swim assessment per child per day when space and staffing are available. The YMCA reserves the right to re-test all swimmers regardless of age.
2. Swim bands must be turned in when you are leaving the facility. Swim bands not returned will result in a \$3 purchase of a new band.
3. Swimmers not wearing swim bands must stay in water that is armpit deep or less and require active adult supervision.
4. All swimmers and their parents must read all the pool rules and sign prior to completing a swim assessment.
5. At no time may a child with a red band or yellow band swim in the deep end of the pool or go down the slide regardless of the presence of a parent or the use of a Coast Guard approved floatation device.
6. Children 11 years of age or younger must be accompanied by an adult (18 years of age or older) regardless of passing a swim assessment.
7. When possible, set up swim lessons for Red Band and Yellow Band patrons.
8. Intentionally wearing the wrong color safety band results in immediate removal from the pool.

I/We understand and agree to abide by the current CSD Community YMCA Policy of the 50 Meter Waterpark. In addition, I/we understand that my privilege to use the waterpark in its entirety may be restricted or revoked for any behavior or safety concerns. I acknowledge, accept, and understand the above pool rules and regulations and safety swim test procedure.

_____	_____	_____
Guardian Print	Guardian Signature	Date

_____	_____	_____	_____
Youth Print	Youth Signature	Age	Date

Color Band to be Issued

_____	_____	_____
Lifeguard Print	Lifeguard Signature	Date

Bring form back to the ticket booth and ask for a colored safety band every time you come swimming!