



Gregory Family YMCA Pool Schedule Effective September 3, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>6:30- 8:00</u> Lap Swim	<u>6:30- 8:00</u> Lap Swim	<u>6:30- 8:00</u> Lap Swim	<u>6:30- 8:00</u> Lap Swim	<u>6:30- 8:00</u> Lap Swim		
<u>8:00-9:00</u> Aquasize/ Deep Water Aerobics (1-4) Lap Swim (5-6)	<u>8:00-9:00</u> Water Wellness (1-4) Lap Swim (5-6)	<u>8:00-9:00</u> Aquasize/ Deep Water Aerobics (1-4) Lap Swim (5-6)	<u>8:00-9:00</u> Water Wellness (1-4) Lap Swim (5-6)	<u>8:00-9:00</u> Aquasize/ Deep Water Aerobics (1-4) Lap Swim (5-6)		
<u>9:15-10:15</u> Water Wellness	<u>9:15-10:15</u> Family Swim (1-3) Lap Swim (4-6)	<u>9:15-10:15</u> Water Wellness	<u>9:15-10:15</u> Family Swim (1-3) Lap Swim (4-6)	<u>9:00-10:15</u> Cleaning Closed	<u>9:00-10:00</u> Lap Swim	
<u>10:15-12:15</u> 4 th Grade Learn to Swim Program	<u>10:15-12:15</u> 4 th Grade Learn to Swim Program	<u>10:15-12:15</u> 4 th Grade Learn to Swim Program	<u>10:15-12:15</u> 4 th Grade Learn to Swim Program	<u>10:15-12:15</u> 4 th Grade Learn to Swim Program	<u>10:00-11:00</u> Lap Swim	
<u>12:15-1:15</u> Lap Swim (1-5) Program (L – 6)	<u>12:15-1:15</u> Water Wellness (1-3) Lap Swim (4-6)	<u>12:15-1:15</u> Lap Swim Program (L – 6)	<u>12:15-1:15</u> Water Wellness (1-3) Lap Swim (4-6)	<u>12:15-1:15</u> Lap Swim (1- 6)	<u>11:00-12:00</u> Lap Swim	
<u>1:15-2:15</u> Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<u>1:15-2:15</u> Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<u>1:15-2:15</u> Lap Swim (1-3) Family Swim (4-6)	<u>1:15-2:15</u> Aquasize / Deep Water Aerobics (1-3) Family Swim (4-6)	<u>1:15-2:15</u> Water Wellness	<u>12:00-1:00</u> Lap Swim	
<u>2:15-2:30</u> Pool Closed	<u>2:15-2:30</u> Pool Closed	<u>2:15-2:30</u> Pool Closed	<u>2:15-2:30</u> Pool Closed	<u>2:15-3:30</u> Family Swim(1-3) Lap Swim(4-6)		
<u>2:30-7:00</u> Rays	<u>2:30 -7:00</u> Rays	<u>2:30-7:00</u> Rays	<u>2:30-7:00</u> Rays	Family Swim(1-3) Lap Swim(4-6)	<u>1:00-5:30</u> Family swim	<u>1:00-5:30</u> Family Swim(1-4) Lap Swim (5-6)
Rays	Rays	Rays	Rays	<u>3:30-4:30</u> Family Swim(1&2) Rays/Lap Swim (3-6)		
Rays	Rays	Rays	Rays	<u>4:30-5:30</u> Family Swim(1&2) Rays/Lap Swim (3-6)		
Rays	Rays	Rays	Rays	<u>5:30-6:30</u> Family Swim(1&2) Rays/Lap Swim (3-6)		

<u>6:00 – 7:00</u> Swim Lessons (1-3) Rays (4-6)	<u>6:00 – 7:00</u> Swim Lessons (1-3) Rays (4-6)	<u>6:00 – 7:00</u> Swim Lessons (1-3) Rays (4-6)	<u>6:00 – 7:00</u> Swim Lessons (1-3) Rays (4-6)	<u>6:30-7:30</u> Family Swim(1-3) Lap Swim(4-6)		
<u>7:00-8:30</u> Family Swim(1-3) Lap Swim (4-6)	<u>7:00-8:30</u> Family Swim(1-3) Lap Swim (4-6)	<u>7:00-8:30</u> Family Swim(1-3) Lap Swim (4-6)	<u>7:00-8:30</u> Family Swim(1-3) Lap Swim (4-6)	<u>7:30-8:30</u> Family Swim(1-3) Lap Swim (4-6)		

BATHING SUITS MUST BE WORN BY ALL AGES FOR SWIMMING AND PROGRAMS

** Lap Swim is for laps only. No recreational swim or water walking**

GFYMCA does not guarantee anyone their own lane for lap swim. If you wish to swim laps, you might have to share a lane with other members.

*** Parkwood School lanes 4-5-6. Beginning Nov 4, M-W-Th. 7-8:30pm

GFYMCA reserves the right to change or cancel class times or days.